

**Siouxland Area Narcotics Anonymous A.S.C Minutes  
Sunday, June, 13th, 2010  
Unity Club 2101 ½ Court St.  
Sioux City, Iowa**

**I. Open meeting with a moment of silence and Serenity Prayer**

**II The Twelve Traditions read by Trudy**

**III. The Twelve Concepts read by Roger**

**IV. Roll Call – 11 voting members**

**V. Reports:**

**A.) Area Officers**

**Secretary / review of previous ASC Minutes: Carol A**

**Chair: Rennie L. –absent-Rob H. sat in**

**Vice-Chair: Open for nominations.**

**Treasurer: Roger H –present-report given-beginning balance \$590.73**

**Regional Committee Member (RCM): Don B-present-report given**

**Alternate Regional Committee Member (Alt-RCM): Minerva -absent**

**B.) Subcommittee Chairs**

**H&I: David B.-present-report given**

**PI: Amanda D.-present-report given**

**Literature: Ross W-present-report given**

**Newsletter: Amanda D. Pro-Tem-present-report given**

**Activities: Sara T.-absent-report read by Ross**

**Website: Rob H-present-report given**

**C.) Groups:**

**Sioux City Monday “Road to recovery” 7:00 pm: Kim N-absent-report read by Rob**

**Sioux City Monday “Freedom & Surrender” 8:30 pm: Rick B.-absent-report read by Ross**

**LeMars Tuesday 7:00 pm: Jesse K-present-report given**

**Sioux City Tuesday “candle light” 8:00 pm: Ross W-present-report given**

**Sioux City Wednesday Guardian Angel III Hawkeye Club: Melissa B.-present-report given**

**Sioux City Thursday Crescent Park 8:00 pm: Laura W.-present-report given**

**LeMars Thursday 7:00 pm: James-absent**

**Cherokee Thursday: Johnny-present-report given-reactivates**

**Sioux City Friday Guardian Angel II: Open**

**Sioux City Saturday 7:00pm Keeping it simple:open**

**Sioux City Saturday 3:00pm Keeping it real: Kim D.-present-report given**

**Sioux City Saturday WCAA 10:00pm: Roger H.-present-report given**

**Sioux City Sunday Guardian Angel I Boys & Girls Home: Jason P.-absent**

**Sioux City Living Free: Bill B-alt-Trudy-present-report given.**

**Sioux City Misfits: Craig A.-present-report given**

**Winnebago “Freedom fighters” 7pm: Zach Pabsent**

## **VI. Old Service:**

- A. Vice Chair position –David B. nominated Craig A. Craig accepted.
- B. Newspaper Chair-Rick B, is the only nominee.
- C. Newsletter has been printed and distributed
- D, The proposal by Amanda D. to have Literature provide items to committees as it is needed was tabled until Ross was present. More discussion needed.

## **VII. New Service:**

- A. Vice Chair position Nominations were to close this month but a motion was made and passed to keep nominations open for another month
  - B. Newsletter position open. Rick B. is the only nomination at this time. Nominations are closed. Vote in July
  - C. SANA-MANIA Campout/Region report.
  - D. Update meeting list to reflect “Keepin’ it Real” time change & any other changes needed to be made.
  - F. **IRCNA-discussion was held about hosting a hospitality room. Rob H. motioned not to host a hospitality room. David B. seconded and it passed.**
  - G. **Iowa State fair booth-discussion was held. There were volunteers so it was decided Sana would do a time slot at the fair.**  
Discussion was also held about doing a booth at 1 to 3 nearby fairs. Rob made a motion to approve doing a booth at the Plymouth Co. fair July 28-31<sup>st</sup>. Mellissa seconded it. It passed.
  - H. Discussion was held about how to keep people informed about meetings etc. during the start of Ragbrai –Saturday-July 24th
  - I. Clarity is needed on” Keepin it Real” meeting
- VIII. Next ASCM at Unity Club-July 11<sup>th</sup> 2010**
- IX. Financial Requests-\$150 for booth at Plymouth fair**
- X. Discussion of RSC/WSC Donation-none at this time**
- XI. Announcements: Next ASC Meeting – July, 11<sup>th</sup>, 2010
- XII. Closed with “Just for Today”

## Reports

### **June 2010 Activities Report**

Greetings SANA,

We have kicked off the summer with an awesome Moonlight Meeting at Stone Park and SANAMANIA, which speaks for itself. There is an upcoming Moonlight Meeting on June 26, featuring hamburgers, a cowboy golf tournament, and as always, serene recovery around the campfire. Flyers on the pool table.

In Loving Service,

Sarah T.

Lemars Tuesday Report NA 7pm

Greetings Sana,

Things going well in LeMars. We have an average attendance of 11 per meeting and our donation was made for \$200 to pay for the Hog we roasted at Sanamania V. I am resigning my GSR position for the Tuesday meeting in the hopes that it may open an opportunity for a newer comer to take the reins. The meeting has changed a lot since it had started and I don't have the heart for it like I use too. I have offered my assistance and will accompany anyone interested in the position to area. I will continue to attend when I can and will see how things progress.

In loving service

Jesse K

### **Monday Freedom And Surrender June 2010 Area Report**

Greetings to everyone,

I want to thank Ross for bringing our report and concious today.

Our rent is up to date and we had an average attedance of 9 with 1 newcomer.  
we have a \$5.00 area donation.

Sanamania ROCKED

In Service Rick B.

## **Road to Recovery Group Monday**

June 13, 2010

My name is Kim N. and I am an addict

Greetings SANA,

The Road to Recovery meeting has been going pretty good. With an average attendance of 18 members, 8 newcomers and 8 birthdays.

Our rent is up to date as well as our literature.

We have a donation of \$5.00 to give to area.

In Loving Service,

Kim N.

### **SANA Literature Report – June 13, 2010**

Greetings SANA,

The literature department is doing well. Everything remains stable. We currently have \$1,926.09 in product and \$67.73 between the bank account and cash on hand for a grand total of \$1,993.82. I donated a Basic Text, Step Working Guide, and Just for Today to SANA Mania, which were used for the Clean Time Countdown and Dance Raffle. My only real concern at this time is that my term as literature chair technically ends next month as I entered into office in July of last year. However, I didn't really realize this until recently, so I would like the GSR's to take the message back to their groups that SANA will need a new literature chair. I vow to mentor and train the next literature chair in the same way Bill O. trained and mentored me. Lastly, I am willing to carry on the literature duties for as long as it takes to find a new literature chair. I wouldn't leave SANA high and dry, not after all you've done for me and my recovery.

In loving service,

Ross W.

### **Sanamania V Costs, Donations, and Revenue and any proceeds**

1. **Shelter House Rental** – 2 day rental for a total of \$170 (\$85/day)
2. **Hog Roast:**
  - a. 250lb Hog from Babcock Locker in Alton, Beans, and BBQ sauce: \$230 (which was donated by Lemars Tuesday Group)
  - b. 180 Buns from Casey's Bakery in Sioux Center: \$52.35 which needs to be reimbursed to Jesse K (receipt included)
  - c. Hog Roast admission sales \$ 274.80
  - d. Supplies: Coffee, plates, plastic ware, provided by activities...\$ 47.80
  - e. Sales \$ 274.80 - Costs \$ 100.15 = \$ 174.65 donation to area
3. **Speaker Costs:** \$0. Reimbursement was offered but was declined by Keith B. A thank you text was sent to him following the campout.
4. **Clean Time Countdown:** Donation from Literature of a Basic Text and Step Working Guide: \$ 18.70 (also had an anonymous donation of a Sanamania T-shirt to the newest comer)
5. **T-Shirts: 53 t-shirts were purchased:**
  - a. Gorilla Graphics: (receipt included) A variety of shirts were purchased (3 types) and the total cost was \$419.50. Cost was paid by Jesse K

- b. Union Jacks of Council Bluffs or Omaha: Printing Costs: (receipt not included) for all 53 shirts was \$262.25 paid by Jesse K
  - c. Shirts sold for \$15 for short sleeved t-shirts: 41 x \$15 = \$615
  - d. Long Sleeve Shirts sold for \$20: \$20 x 12 = \$240
  - e. Total Revenue = \$855
  - f. Sales (\$855) – Costs (\$681.75) = \$173.25 donation to area
- 6. Itinerary Badges:**
- a. 35 itinerary badges were created to be sold for \$1/piece
  - b. Costs: \$20 (receipt not included, sorry)
  - c. Sales \$30 (5 were donated to the people who attended the last planning committee meeting)
  - d. Sales \$30 – Costs \$20 = \$10 donation to area
- 7. Breakfast for both mornings:**
- a. Costs: \$35 for food items (receipt was misplaced)
  - b. Juice and Donuts: \$20 provided by Rob H donation
  - c. Coffee provided by activities (\$0) this cost was included in the Activities costs in section #3
  - d. Revenue \$100
  - e. Sales \$100 – Costs \$55 = \$45 donation to area and MMMM was the food good!

## Sanamania V Report

Greetings Sana,

Let me start by saying MORE COWBELL!! If you attended the Campout then you know what that means. If you didn't then you missed out on a great experience and even better time.

The campout had roughly 25 tents and RV's. The weather reports might have scared a few people off but we only incurred one small rain shower right after the Friday Night campfire meeting. The rest of the time the weather was gorgeous. I would guess that we had a total attendance of well over 100 people for the entire weekend.

There was a lot of hooting and hollering and ringing of the Ceremonial Cowbells that I had decorated for this historic Sanamania V. The word Sanamania was uttered at least 5000 times throughout the entire weekend and it but a big smile on my face and a warm fuzzy feeling in heart. This event has a profound effect on a lot of people and their recovery so we all should be proud of what we accomplished as an area and as an organization.

All the meetings went well and as scheduled. Everyone did an awesome job of fulfilling their commitments. Tami B started the weekend out on Friday at 10pm around the campfire, Kim D chaired the Sat 10:30 am hug up meeting and Tami B did an interactive workshop at NOON on the gifts of recovery. The Saturday Midnight Meeting

was also very impressive I hear. It was chaired by Ruthie. An impromptu Sunday meeting was also ran by the campers still around.

Children's activities were run by Shannon and I heard that it was a lot of fun and was very well received by the parents.

The cowboy golf tournament was run by Ross and was a huge success and remains as a staple of the campout. I am not sure how many teams were involved but I would have to guess around 15-20 teams. JJ and his partner took the first prize of two t-shirts. The 2<sup>nd</sup> place team got entrance to the hog roast and dance and the 3<sup>rd</sup> and 4<sup>th</sup> place teams got free entrance to the dance.

Breakfast in the shelter house on both days was a huge success and really made it easier on everybody. It also is very appealing to everyone who camped out. We also owe a great deal to my mother for doing the cooking and for her support of our organization. I also want to thank Sarah personally for being so thoughtful and sending her a thank you note and chocolates. Thank you also Rob H for prompting us to have this option and for being there to take money and run the breakfast for both days.

The hog roast went well and was really cool. For being our first time doing this it went really well and tasted good too. Thanks to Joe and Kristi's parents for helping cut up the meat and tend the fire. It was cool to that everybody going to the bathroom would sneak a piece off the hog before the dinner. I did also have a great joke that I don't think many people heard so I will say it now. When I was bringing more meat up to the roasting pans I told everyone in line to eat as much as they want but don't be a HOG.  
HA HA

The speaker was Keith B from Omaha/Council Bluffs and delivered a wonderful message of living in recovery and didn't spend too much time on war stories. He focused a lot on sponsorship and meeting attendance and was well received by all. There were at least 60-75 people in attendance for the outside speaker meeting.

Sarah and Ross did an awesome job overseeing both the Hog Roast and Dance and I want to thank them very much more making my job that much easier. They are very dependable and do a great job.

The clean time countdown was MC'd by Bill O and was full of excitement and hollering. We gave out a step working guide to Donald who had 15 days clean and a basic text and a donated T-shirt to the newest comer who had 8 days clean.

The dance was a lot of fun and had some awesome raffle prizes such as a commemorative blanket signed by all in attendance at the campout, cowboy golf set, a massage from Ruthie and lots of nick-knacks donated by Amanda D, and 3 Sanamania shirts donated by Union Jacks which are also the place that did our t-shirts.

T-Shirts and the Commemorative Itinerary Badges were a huge hit and went on sale at 1:30 pm right before the cowboy golf tournament. We sold out of everything. I think this was the best way to do the t-shirt sales and is the fairest way to do it. If we try to sell throughout the whole weekend it just is too chaotic.

Well just a little food for thought. This year went very well and we only had the one hiccup with the faulty dj equipment. That problem was resolved and we went on to have a great time. Everybody was very respectful and left the campgrounds very clean. The only thing we need to do next year is to put up signs along the road way in the campground letting day visitors know to allow enough room for emergency vehicles to get through and not to block the sidewalk going up to the shelter house. Other than that it

all went pretty smoothly. I did however have a meltdown during the whole dj equipment fiasco and I am sorry if I hurt anyone's feelings. I am very grateful and proud of the job all of us did and want to thank everyone for all the help and I am sorry if I forgot to mention anybody's name who helped out with SANAMANIA V. Well until next year "MORE COWBELL"!! I GOT A FEVER"

## **Siouxland Area Narcotics Anonymous Webservant Monthly Report to Area**

**Date: June 13th, 2010**

*As of June 13, 2010:*

**Total Hits home page: 2870**

**Hits since last month: 97**

**Total hits on meetings page: 250**

**Hits since last month: 82**

**Total hits on events page: 303**

**Hits since last month: 67**

**Events posted during month:**

June Moonlight meeting.

IRVANA Spiritual Retreat

LANA Mid Summer campout and canoe trip

LANA Frosty Falls campout

Keeping it Real Saturday lunch meeting June 19<sup>th</sup>

July Moonlight Campfire meeting

**News Items Added:**

SANAMANIA

**Changes Made:**

Added Friday 10PM meeting at Misfits

Removed Joel's form from the newsletter page per Amanda

Changed references of Boys and Girls home to Jackson Adolescent on calendar per Amanda

**Emails Received:**

The bridge phone meetings-forwarded to all officers and GSRs.

John in Chicago wanting to buy lit-forwarded to Ross

**Other Stuff:**

We can have email accounts for each position, for example [sanachair@siouxlandna.org](mailto:sanachair@siouxlandna.org) if we want. This would eliminate peoples personal email addresses for communication. They would never change, no matter who holds the position. Downside, you will need to check these email accounts on a regular basis.

Reminder to GSR's and anyone who might be planning an event. If you want your event on the calendar, please email the details to [sanaweb@cableone.net](mailto:sanaweb@cableone.net). If you have a flyer you want posted, email that also.

Please remember to type your report and email it to Carol if you can. This saves her having to scan it or type it into the minutes.

ILS,  
Rob H.

County	City	Distance	Dates	Contact	Est. Att.	
Lyon	Rock Rapids	70 miles	July 25-29	712-472-2067	13,000	
Sioux	Sioux Center	45 miles	July 10-15	712-722-4411	7,500	
Plymouth	Le Mars	40 miles	Jul 28- Aug 1	712-546-4525	93,500	130
Woodbury	Moville	20 miles	Aug 4-8	712-873-3707	55,000	50/150
Monona	Onawa	40 miles	Jul 13-18	712-423-2214	12,000	20
Osceola	Sibley	80 miles	Jul 15-17	712-754-3407	2,500	
O'Brien	Primghar	70 miles	Jul 17-22	712-957-fair	5,100	Lakes area 712-260-40
Cherokee	Cherokee	60 miles	Jul 8-11	712-225-5843	21,000	
Ida	Ida Grove	60 miles	Jul 20-26	712-364-2500	6,500	
Sac	Sac City	80 miles	Jul 29- Aug 1	712-662-7188	14,000	
Crawford	Denison	80 miles	Jul 21-26	712-263-5306	13,400	Members Area

- I sent an email to RAGBARI in Sioux City asking about getting our meeting lists offered to the riders. Regional is going to make a complete list, but I would like our city to assure information is available. Do we have

any interest in doing something the night at the event? I brought info about this even with me today.

- I contacted the Iowa, Nebraska, and South Dakota 211 services to assure we are listed. I will test them out soon.
- I have a copy of the proposed learning day here and need feedback if we are interested in it and what suggestion we have for presentations in our area.
- Also Attached at the end of my report is a proposal for the fund raising for books.
  - I spoke to Tami at Sanamania about fund raising for books for Jails in our area. She says if the jails write to the Project Primary Purpose they will mail that jail books. I will get with David to work out a plan on how to get this offer to the jails.

#### **In Process:**

- Finding locations in our area to report to zonal to have PI presentations.
- Emailed to YellowBook also- Jesse 319-790-3312 (400283) and did not receive a response. I did not follow up yet because it was not until this last week when qwest dex got back to me. Will call and ask about price matches or free community service listings.
- Get posted in craigslist and community calendars
  - [info@siouxlandna.org](mailto:info@siouxlandna.org) is the new email address that Rob set up but then we talked about needing a PI email address to send and receive emails that can be passed from PI chairs to stay consistent. He set up [sanapi@siouxlandna.org](mailto:sanapi@siouxlandna.org) which I have yet to utilize.
- Would like to make a SANA PI Guidelines possible modeled off of SWINA's? Copied them into a word format and am working on getting them revised to review at area; however wanted feedback on the question about the county a month idea first.
- Adding all actions to PI excel calendar as I complete them.

- Call and follow up with the PSA's and Libraries I mailed out to the addresses
- I added all the phone numbers to the excel so I am able to do so: however, I only have a cell and do not get good enough reception at home to make all these calls so need to make arrangements to do it in town somewhere sometime.
  
- Spoke to and emailed Mike VP from region about Workshops on training day for the Iowa State Fair training booth. We have been contacting back

**Still need to work on:**

- I looked up contact information for all schools and colleges in SANA area-
  - Found a generic Letter to send offering access to literature, schedules, meeting formats, etc (maybe add some ip's and helpline flyers?)
  - It is too close to the end of school year. I looked up all the phone numbers and will work on calling and getting email addresses for like guidance counselors.
- Possibility of an area roundtable meeting? Maybe call and get feedbacks?
- Would like to organize a flyer hanging day too table a few months?
- Need to add more addresses into excel databases



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## **Literature Proposal:**

Originally literature had about \$500 in product and no money in the account. There was a fund raising effort last year that most of you are aware of and the current inventory is about \$1000 in product and \$1000 in the account. There was no real goal or final plan with where literature needed to obtain. Literature is definitely up to any dreams or expectations we could have had; however, now the problem sits that other committees are not. One of the benefits of having such a large literate fund is that if we order at least \$500 in products we get \$50 off of our shipping and handling. The same amount is collected from every person who orders books if we hit the \$500 mark or not. We basically always do hit it when we order thought, so, in other words our fund grows by \$50 with every order. The literature account is at a place where that \$50 is just growing and not being used.

I would like to make a proposal that the surplus get utilized by other committees who could use literature for their projects. The account balance should be reasonable at \$1000 in product and like \$800 in the account (which would more than prepay for a next \$500 order any time it is needed). The extra amount should be used to purchase additional product for the H&I and PI committees to use. Examples of the literature needed would be IP's, Booklets, Soft Back Books, Readings, and Key tags.

The H&I committee would be able to provide white books and IP's upon visitations and leave soft back books at Jails and Prisons that do not provide them for the inmates live Institutions do for their patients. I contacted all the jails in our area months ago and calculated that there is a demand for 82 books in our area.

The PI committee could use some of these finds for IP's to be presented or mailed to the many organizations we have yet to contact in our areaAre there any discussions about this proposal or can I hear a motion?