

**Siouxland Area Narcotics Anonymous A.S.C Minutes
Sunday, July 11th, 2010
Unity Club 2101 Court St.
Sioux City, Iowa
Business Meeting - 1:30PM**

I. Open meeting with a moment of silence and Serenity Prayer

II. Twelve Traditions read by Dennis

III. Twelve Concepts read by Jason

IV. Roll Call _ have quarum

V. Reports:

A.) Area Officers

Secretary / review of June 2010 ASC Minutes

Chair: Rennie L. –present-report given

Vice-Chair: Open)

Treasurer: Roger H –present- report given-beginning balance 1127.04

Regional Committee Member (RCM): Don B-absent

Alternate Regional Committee Member (Alt-RCM): Minerva-absent

B.) Subcommittee Chairs

H&I: David B.-present-report given

PI: Amanda D.-present-report given

Literature: Ross W-absent-rob H read report

Newsletter: Amanda D. Pro-Tem-present-report given

Activities: Sarah T.-absent-Rob H. read report

Website: Rob H-present-report given

C.) Groups:

Sioux City Monday “Road to Recovery” 7:00 pm: Kim N-absent-Rick B.read report

Sioux City Monday “Freedom & Surrender” 8:30 pm: Rick B.-present-report given

LeMars Tuesday 7:00 pm: Jesse K-absent

Sioux City Tuesday “candle light” 8:00 pm: Ross –absent-Rob H gave report

Sioux City Wednesday Guardian Angel III Hawkeye Club: Melissa B.-present-report given

Sioux City Thursday Crescent Park 8:00 pm: Laura W.-present-report given

LeMars Thursday 7:00 pm: James-absent

Cherokee Thursday 8:00 pm Johnny C.-present-report given

Onawa Thursday: Inactive (ASCM attendance reactivates)

Sioux City Friday Guardian Angel II: Jason P.-present-report given

Sioux City Saturday 7:00pm Keeping it simple: Rennie-present-report given

Sioux City Saturday 3:00pm Keeping it real: Kim D.-present-report given

Sioux City Saturday WCAA 10:00pm: Roger H.-present-report given

Sioux City Sunday Guardian Angel I Boys & Girls Home: Jason P.-present-report given

Sioux City Living Free: Bill B.-present-report given

Sioux City Misfits: Craig A.-present-report given
Winnebago "Freedom fighters" 7pm: Rennie-present-report given

VI. Old Service:

- A. Vice Chair position nominations will close in**
- B. Rick B. was voted in as Newsletter Chair**

C. Updates need to be made to meeting lists. This will be done as soon as more need to be printed

VII. New Service:

- A. Nominations for Web Servant are now open. Will close in October and vote in November. GSRs take this back to your groups**
 - B. Discussion on elimination of flat sheet.**
 - C. Support of out of town meetings**
 - D. Discussion of Ragbrai and how to let those people know of our meetings**
 - E. Fairs-learning day-July 18. Rob H. and Jesse K. are going to work booth at Iowa State Fair. If interested in helping- contact Rob, Jesse or Amanda D.**
 - F. Amanda-books tabled until next month**
 - G. Letterhead was approved and will be sent to everyone so they may use it.**
 - H. Nominations for Literature Chair is open. Will vote in November. Rob H. nominated Laura W. and she accepted**
 - I. Nominations for Alternate RCM are open. Will vote in November. Melissa W. was nominated and she accepted.**
 - J. Discussion on importance of attending Region. RCM is reimbursed for gas and motel. Sana needs to be kept up to date with Region happenings.**
- VIII. next ASCM-August 9th at Unity Club**
- IX. No Financial Requests**
- X. Motion to send a 50\$ WSC Donation was voted down**
- XI. Announcements: Next ASC Meeting – Aug 8th, 2010**
- XII. Closed with the Gratitude Prayer**

Area Reports

Greetings SANA. Got a lot jammed into this short month.

Regional is right after next area and is 5 ½ hours away so need to talk about who are going and who can go. This is a 2 day region with a 6 hour drive both ways.

I searched online and a cheap motel is \$60 a night and would need 2 nights.

Gas will be about \$35 dollars each way.

Have completed:

- Craig is carrying the helpline. Checked with him and he says all is well.
- Spoke to Roger about talking to Verizon about getting our number released so we can publish it in the white pages- he is still working on it.

- Barry from Council Bluffs is coming up to do a PI learning day for the fair booths on July 18th. I brought flyers for both learning day and fair booths today. Unity Club has okayed us to use their facility for this event. This is the rotation for the state fair. Jesse K says he went last year and is willing to go again this year. Rob went last year- need to ask if he wants to go this year- also heard Don B may be interested too.
 - 12th - Set up HANA/SCANA
 - 13th - Siouxland
 - 14th - Freedom and Serenity
 - 15th - SWINA
 - 16th - Lakes
 - 17th - Freedom and Growth
 - 18th - IRVANA
 - 19th - Clean and Free
 - 20th - Members
 - 21st - Southern Miracles
 - 22nd - Tear down HANA/SCANA
 - The odd areas with no date: North Central, Dubuque, Quad Cities II,
that is why it is a rotation
- Sent check to Plymouth County Fair-
Matt Reuter (inside_exhibits@plymouthcountyfair.org), received email back and he says we should have the mail confirmation back anytime.
 - Inside Hall of '76, 8'w x 10'd Booth H-45
 - Have exhibit set up and ready to show by 2:00 p.m. Wednesday, July 28.
 - Open display by 2:00 p.m. and remain open until 10 p.m. Wed. – Fri. Open Saturday at 11:00 a.m. and remain open until 10:00 p.m. Open Sunday at 12:00 noon and remain open until 7:00 p.m. DO NOT REMOVE DISPLAY UNTIL AFTER 7:00 P.M. ON SUNDAY, AUGUST 1, 2010.
 - I am going to make an excel form to track exposure.
 - Jesse is going to loan us a table and a stand for exhibit. The LeMars group is going to allow us to use their IP rack and that

should be all the IP's we need- if we run out I will contact Ross on one of the evenings.

- I would like to take like 2 of each book to have avail at the table in case someone is interested in purchasing them. I would also make a bunch of white books and meeting lists.
- Jesse said last year at the state fair booth they gave away candy. I will pick that up at wal-mart before the event. Are there any other items we are interested in offering?
- Spoke to RAGBRAI lady in our city and she said to call guy at the Des Moines Register. He said to email him a flyer and he will put it on the website. Brought copy with me today and sent him and our regional pi committee a copy also.
- I contacted the Iowa, Nebraska, and South Dakota 211 services to assure we are listed. I tested and we were not listed. South Dakota says does not cover Union County. Nebraska says they use the same one as Iowa. They will forward to Iowa. I also emailed Iowa and have not received a response yet.
 - Allie Wirkus, 1000 N. West Avenue, Suite 310 Sioux Falls, SD 57104 (605) 274-1411 or 2-1-1 database@helplinecenter.org
- Attached at the end of my report is still a proposal for the fund raising for books, however, I brought a proposed letter to mail to SANA jails to assist them in getting books from the project 3p. I would need some IP's and stamps to complete this project though.
- With all of the other learning days and summer activities I am going to contact people personally and arrange a day for a few of us to drive around and hang flyer and give out meeting lists.
- Sioux City public schools resume Aug 19th and Labor Day weekend is Sept 3rd. Possibly planning a Helpline learning day for the 30th in between.

In Process:

- Wanting to know the interest area may have in having a facebook page or something to this affect. Ok, yes I know we have a website; but, here is my question. Lots of people are on facebook and when you publish an event it goes to everyone on the page list. This would remind people about activities, HI days, etc. What are your thoughts?
- Also sent regional pi committee a question about the pros and cons about becoming a member of the chamber of commerce- more to be revealed.
- Finding locations in our area to report to zonal to have PI presentations. Am investigating websites and adding them to the pi database.
 - <http://www.orpheumlive.com/>
 - <http://www.siouxland.net/>
 - <http://www.siouxlandchamber.com/>
 - <http://tysoncenter.com/events/>
 - <http://www.sioux-city.org/>
- Get posted in craigslist and community calendars
 - sanapi@siouxlandna.org which I have yet to utilize.
 - Looked into:
 - <http://www.siouxcityjournal.com/app/calendar/events/>
 - <http://eventful.com/siouxcity/events>
 - <http://www.americantowns.com/ia/siouxcity/events>
 - <http://www.hellosiouxcity.com/Events.cfm>
- Would like to make a SANA PI Guidelines possible modeled off of SWINA's? Copied them into a word format and am working on getting them revised to review at area; however wanted feedback on the question about the county a month idea first.
- Adding all actions to PI excel calendar as I complete them.
- Call and follow up with the PSA's and Libraries I mailed out to the addresses
 - I added all the phone numbers to the excel so I am able to do so: however, I only have a cell and do not get good enough reception

at home to make all these calls so need to make arrangements to do it in town somewhere sometime.

Still need to work on:

- I looked up contact information for all schools and colleges in SANA area-
 - Found a generic Letter to send offering access to literature, schedules, meeting formats, etc (maybe add some ip's and helpline flyers?)
 - It is too close to the end of school year. I looked up all the phone numbers and will work on calling and getting email addresses for like guidance counselors.
- Possibility of an area roundtable meeting? Maybe call and get feedbacks?
- Would like to organize a flyer hanging day too table a few months?
- Need to add more addresses into excel databases

Tabled:

- I called Qwest Dex lady about correcting the proof mailed to us- she did that and will mail us another proof. Also asked and there is no community service type pages in their book. She can list us in white pages but we have to pay for it because we are a cellular not a land line so is an additional \$15.50 a month if we want it and I'd need to get back to her.
- Emailed to YellowBook also- Jesse 319-790-3312 (400283) and did not receive a response. I did not follow up yet because it was not until this last week when qwest dex got back to me. Will call and ask about price matches or free community service listings.
- I have a copy of the proposed learning day here and need feedback if we are interested in it and what suggestion we have for presentations in our area.
 - Make flyer? Brain storming day with david? Search internet for like health care exhibits- police station/half-way house/

- Next year I am interested in finding out about the Greater Siouxland Fair in SSC. Have been having too hard of a time finding contact information.

Literature Proposal:

Originally literature had about \$500 in product and no money in the account. There was a fund raising effort last year that most of you are aware of and the current inventory is about \$1000 in product and \$1000 in the account. There was no real goal or final plan with where literature needed to obtain. Literature is definitely up to any dreams or expectations we could have had; however, now the problem sits that other committees are not. One of the benefits of having such a large literate fund is that if we order at least \$500 in products we get \$50 off of our shipping and handling. The same amount is collected from every person who orders books if we hit the \$500 mark or not. We basically always do hit it when we order thought, so, in other words our fund grows by \$50 with every order. The literature account is at a place where that \$50 is just growing and not being used.

I would like to make a proposal that the surplus get utilized by other committees who could use literature for their projects. The account balance should be reasonable at \$1000 in product and like \$800 in the account (which would more than prepay for a next \$500 order any time it is needed). The extra amount should be used to purchase additional product for the H&I and PI committees to use. Examples of the literature needed would be IP's, Booklets, Soft Back Books, Readings, and Key tags.

The H&I committee would be able to provide white books and IP's upon visitations and leave soft back books at Jails and Prisons that do not provide them for the inmates live Institutions do for their patients. I contacted all the jails in our area months ago and calculated that ther

July 2010 SANA ProTem Newsletter Report

Attached is the proposed newsletter. What I had in mind in writing this newsletter was that the May issue could catch up for the 1st quarter missing one and this one will be the second quarter and now the new regular newsletter chair will not have to have an issue submitted until September.

Since Rick was the only accepted nomination at the time this was written I did write the newsletter with his contact info for future submissions. I have also prepared flyers for him to get a good start at this position.

Please make any changes and I will forward to Rob H to have photo copied on machine at Living Free.

Then will start to disburse to meetings.

Hope you enjoy,
In loving service,
Amanda D.

Greetings SANA

from Thursday night Crescent Park Anything Goes. Our meetings have still been growing with an average attendance of 35 members and 0 new members. We had 4 birthday for the month of July.

We had 0_____ newcomers this month.

We have a donation of \$__0_____ to give to area.

In Loving Service,

-Laura W _GSR_____

SANA Activities Report

Greetings SANA

On June 26th, we hosted this summer's second moonlight meeting. Though awfully hot, we still had fun. July 17th will mark the last moonlight meeting of this summer. As much as I would like to hold another moonlight meeting in August, I don't have the time with my upcoming wedding. However, plans are being formulated for a karaoke night held in conjunction with Freaky Friday in September.

In loving service,
Sarah T.

SANA Literature Report: July 11, 2010

Greetings SANA,

Currently, we have \$1,513.18 worth of product on hand. Unfortunately, I had a bit of an emergency and had to place an order that was less than \$500. Normally, I wouldn't have done this, but I am out of white booklets and there are a few groups who need replenished. Since white booklets are given to newcomers, I felt that it was necessary to

place an order despite it being a total of only \$278.83. Altogether, we have a grand total of \$1,867.74.

Aside from monetary updates, there are two things I need to address. First of all, NA World Services has published a new Just For Today whose quotes are consistent with the 6th Edition Basic Text. However, this publication is only a pocket-sized Just For Today. The full-size edition is yet to be made available.

The second thing I need to address pertains to the meeting lists. I am aware that the Misfits Saturday 10 PM is now qualified to be on the meeting lists, and has been for sometime. I apologize that they have not been included on the most recent revisions. I thought I had relayed this information to John S., but somehow it was not included. I am also aware that Living Free has become a non-smoking facility, and it is necessary to include this change on the meeting lists. I called John S. yesterday to talk to him about this. We decided that since we just updated the list and printed in excess of 500 copies, it would probably be best to let the current lists get used up before making further amendments. However, John did express that if SANA feels it is necessary to make these changes to the meeting lists immediately, he will do what he can to see to it that the proper changes are made. So, unless there are any objections, we will let the current meeting lists get distributed and then make all necessary changes in the near future.

In loving service,
Ross W.

Tuesday Candlelight GSR Report: July 11, 2010

Greetings SANA,

The Tuesday Night Candlelight meeting is going strong with an average attendance of fourteen over the last month. We have a \$20 donation to give to area.

In loving service,
Ross W.

Siouxland Area Narcotics Anonymous Webservant Monthly Report to Area

Date: July 11th, 2010

As of July 11th, 2010:

Total Hits home page: 3104

Hits since last month: 234

Hits on meetings page since last month: 54

Hits on events page since last month: 84

Events posted during month:

Regional H&I Learning Day
EVANA 6th annual day in the park
Keeping it Real Lunch Meeting
Evana Moonlight Madness
SWINA 4th step retreat
ENNA Capture the flag picnic
SWINA Luau
Wings of Surrender in Norfolk
Omaha and Sioux City present Wings
Of Surrender in Omaha

News Items Added:**Changes Made:**

Removed O'brien and Crawford counties from the map on our home page
Created email accounts for all the SANA chairs.
Changed email links on website to reflect these new accounts.
Sent out updated contact list with these new accounts on it.

Emails Received:

Debbie W. at ENNA several flyers about events and Close Encounters t-shirts

Other Stuff:

I recommend that we dump the flat sheet. There are just too many meetings to fit on one page. We currently have the flat sheet on the website for people to download, but I suggest we replace it with our regular meeting list.

Reminder to GSR's and anyone who might be planning an event. If you want your event on the calendar, please email the details to sanaweb@cableone.net. If you have a flyer you want posted, email that also.

Please remember to type your report and email it to Carol if you can. This saves her having to scan it or type it into the minutes.

ILS, Rob H.

